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Yoga Vasistha (Sanskrit: योगवासिष्ठा , IAST: Yoga-VÄ•siá¹£á¹-ha) is a philosophical text attributed to Valmiki, but the real author is unknown. The complete text contains over 29,000 verses. The short version of the text is called Laghu Yogavasistha and contains 6,000 verses. The exact century of its completion is unknown, but has been estimated to be somewhere between 6th ...

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